

OUR PREM SUPPORT BRIDGES CARE THROUGH THE JOURNEY

1. BEFORE BIRTH:

(for at risk parents e.g. multiples, IVF)

- Being prepared, informed and educated beforehand makes a difference



2. AT BIRTH:

NORMAL DELIVERY

we offer help with:

- Skin to skin contact (on mum or dad)
- Technology as needed
- Encouragement of early breastfeeding & bonding

IF CAESARIAN SECTION

we offer help with:

- Skin to skin on dad in operating theatre
- Support in transfer to NICU / wards



3. EARLY NICU SUPPORT

we offer help with:

- Skin to skin contact for very small preterms
- with technology like CPAP, ventilator etc
- Safe technique



- Sensory supportive environment

- Breastfeeding support



COUNSELLING for PARENTS : YOUR EMOTIONS AND COPING



This can be a very hard time for you. Your baby needs you to face your feelings, so that you can help her thrive.

COLLABORATION and TEAMWORK with all categories of staff

We will support the staff in their roles, and work to make all involved into an integrated and “state of art” care team.



4. LATE NICU SUPPORT

we offer help with developmentally supportive environment and care

NIDCAP (Neonatal Individualized Developmental Care Assessment Program) customizes care to your baby’s strengths & needs

5. PREPARATION FOR DISCHARGE:

and continuing to

FOLLOWUP REFERRAL SERVICES

Premis are at high risk for developmental complications, it makes a huge difference identifying and treating these early,

we offer help with:

- Assessing your needs and support base
- Planning a continuum of care
- Referral to development physiotherapist
- Other early referrals as needed

We can provide support at any stage of this journey. Ideally before birth, good even soon after, but even before going home !!

What we offer:

Your baby's medical , technological and nursing care is high standard, but focused on your baby's survival. What our support uniquely adds to this is a better long-term quality of development, based on latest neuroscience.

We do this by:

Skin-to-skin contact

This makes baby feel SAFE, which stabilizes and supports bonding.

Brain support

Providing positive sensations for wiring, preventing stress and protecting sleep.

Breastfeeding assistance

Breastmilk is life-saving for prems, even tiny prems can breastfeed with help.

Support to you as parents

Counselling for you will help you cope better, and so to focus on your baby.

Advocacy for you and your baby

Optimal care needs you to be the centre of the care team for your baby.

Bridging the NICU care to follow-up

Should extra care for your baby be needed, this must start early.

RESOURCES AVAILABLE:



KangaCarrier shirt



HOLD YOUR PREM - the film



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Referral network of:

Lactation consultants
Physiotherapists
... other specialist associates.

**SUPPORT
SERVICE FOR
PREM BABIES
AND THEIR
PARENTS !**



**SKIN-TO-SKIN
CONTACT
Best for BABY !
Best for YOU !**