



BWI[™]
BirthWorks International

Kangaroula Events~2023

Kangaroula Talk

Free virtual event

May 23 ~ 12-1pm EST



Kangaroula

Training Workshops

online only twice in 2023

June 15-18 or Sept 9-12

with world-renowned Trainers Dr. Nils Bergman & Jill Bergman of evidence-based Kangaroula MotherCare

\$475US early discount, \$525US after



Register online www.birthworks.org/events

Kangaroulas are the voice of advocacy for babies - for primal health, nurturescience and neuroscience.

Nurture Science is the new Neuroscience

*Learn the deep significance of the first 1000 seconds,
1000 minutes & 1000 hours for infant survival*

A Kangaroula **speaks for the baby's needs**, minimizes stress for a more peaceful transition, and **empowers a mother to read the baby's signals**. How the baby's brain is wired matters for coping, which is especially important for small or preterm babies.

Conversely, a very stressful birth can mean a baby is epigenetically wired in a way that can lead to negative effects in adulthood. This can be minimized by **zero-separation of mother and baby as the familiar SAFE PLACE and caring for for them as ONE**.

Kangaroula® Training Workshops and Certification

Advanced training, for educators, doulas and health professionals, on best practices to optimize health for newborn babies. *Dive deep into the Art of Nurturescience!*

Advanced training

*from the evidence-based
WHO research study on the value
of the Mother-Baby Dyad,
Skin-to-Skin Contact & Breastfeeding
for Optimal Brain & Nervous
System Development
as well as Saving Babies' Lives*

www.birthworks.org/kangaroula-workshop-certification



Evidence-Based

Long-term academic research with practical application for optimal newborn care



Support for Term Babies

Mom & baby together means less stress, so optimal brain and nervous system development



Knowledge of Prem Care

1-in-10 premies (born <37 weeks) can have their exceptional needs met